

SABIC Triathlon Stein 2009

Result SABIC Long Distance Triathlon Overall

Mannen

Pos	RaceNr	Categ	Naam	Woonplaats	Land	Zwem	#Zw	Wis1	#W1	Fiets	#Fie	NaFiets	#NaF	Wis2	#W2	Loop	#Loop	Total	Diff	DSQ
1	3	H24	Fraser Cartmell	Sterling	GBR	00:37:52	1	00:01:41	6	02:52:41	1	03:32:14	1	00:01:33		10	01:56:43	2	05:30:29	
2	1	H24	Pieter Hélin	Kerksken	BEL	00:43:44	15	00:01:59	13	03:02:05	5	03:47:47	7	00:01:20		4	01:54:23	1	05:43:30	13:01
3	6	H24	Dave Rost	Rijkevoort	NED	00:39:40	4	00:01:36	3	03:01:48	4	03:43:03	3	00:01:24		6	02:00:33	5	05:44:59	14:31
4	2	H40	Gerrit Schellens	Lommel	BEL	00:41:14	7	00:01:42	7	03:04:06	9	03:47:00	5	00:01:42		22	01:58:52	3	05:47:32	17:04
5	80	H24	Martijn Boot	Almere	NED	00:41:18	8	00:01:51	11	03:03:50	8	03:46:58	4	00:01:31		8	02:01:48	6	05:50:16	19:47
6	15	H24	Frederik Sleutel	Essen-wildert	BEL	00:49:11	55	00:01:59	14	02:59:16	2	03:50:26	8	00:01:34		12	02:04:04	7	05:56:03	25:34:00
7	9	H24	Remy Vasseur	Vlissingen	NED	00:42:29	11	00:01:37	4	03:09:38	13	03:53:43	10	00:01:17		2	02:05:56	9	06:00:55	30:26:00
8	11	H24	Karel Pardaens	Heverlee	BEL	00:44:12	17	00:01:48	10	03:16:57	28	04:02:56	22	00:01:39		20	01:59:34	4	06:04:09	33:40:00
9	25	H24	Kurt Wittemans	Rotselaar	BEL	00:46:49	31	00:02:34	48	03:04:41	10	03:54:03	11	00:01:43		23	02:08:47	11	06:04:32	34:04:00
10	14	H24	Henk-Jan Dolsma	Groningen	NED	00:41:24	9	00:02:04	18	03:10:09	15	03:53:36	9	00:01:48		28	02:12:20	16	06:07:43	37:15:00
11	65	H24	Mark Huisman	Zuidlaren	NED	00:42:36	13	00:02:07	20	03:15:47	26	04:00:30	19	00:02:00		41	02:05:49	8	06:08:18	37:50:00
12	8	H24	Erik-Simon Strijk	Roosendaal	NED	00:42:23	10	00:01:44	8	03:03:26	7	03:47:32	6	00:01:13		1	02:20:50	37	06:09:34	39:06:00
13	39	H24	Dave Vanhove	Zedelgem	BEL	00:46:29	21	00:02:01	16	03:06:38	11	03:55:07	12	00:01:19		3	02:14:51	21	06:11:15	40:47:00
14	183	H40	Stefan van Namen	Breda	NED	00:52:13	82	00:03:22	84	03:03:24	6	03:58:59	15	00:01:59		39	02:12:03	15	06:13:00	42:31:00
15	181	H40	Jos Broeren	Empel	NED	00:47:32	44	00:03:37	100	03:12:12	20	04:03:21	23	00:03:30		108	02:06:24	10	06:13:14	42:46:00
16	194	H40	Yves Depoorter	Knokke	BEL	00:46:33	22	00:02:27	37	03:11:09	18	04:00:08	18	00:01:47		26	02:13:13	18	06:15:07	44:39:00
17	52	H24	Patrick Baars	Amsterdam	NED	00:47:02	40	00:02:47	57	03:15:15	25	04:05:03	26	00:01:32		9	02:10:11	13	06:16:46	46:17:00
18	34	H24	Matthijs Westerbeek	Nijmegen	NED	00:42:31	12	00:02:28	40	03:12:51	21	03:57:49	14	00:02:12		54	02:18:25	27	06:18:24	47:55:00
19	53	H24	Miguel Decoster	Oedelem	BEL	00:46:10	20	00:02:18	30	03:16:01	27	04:04:28	25	00:02:06		47	02:13:17	19	06:19:50	49:22:00
20	191	H40	Vincent Hentzepeter	Westerhaar	NED	00:48:32	49	00:02:22	32	03:17:52	29	04:08:45	29	00:02:17		60	02:08:55	12	06:19:57	49:28:00
21	63	H24	Jan Noukens	Vosselaar	BEL	00:46:57	37	00:02:27	39	03:09:49	14	03:59:13	16	00:01:49		30	02:21:54	42	06:22:55	52:26:00
22	150	H40	Koen Spoorenberg	Landsmeer	NED	00:46:54	33	00:02:18	29	03:10:33	17	03:59:44	17	00:01:35		15	02:21:57	43	06:23:15	52:47:00
23	42	H24	Harald van Rijn	Den haag	NED	00:46:40	24	00:02:11	24	03:08:46	12	03:57:36	13	00:02:08		49	02:24:09	49	06:23:52	53:23:00
24	160	H40	Marc van der Kort	Beesd	NED	00:46:06	19	00:02:08	21	03:15:11	24	04:03:23	24	00:03:21		104	02:19:55	32	06:26:39	56:10:00
25	171	H40	Ivar Brinkman	Amsterdam	NED	00:45:33	18	00:02:00	15	03:14:27	23	04:01:59	21	00:02:17		58	02:22:42	46	06:26:57	56:29:00
26	210	H40	Richard de Boer	Laren	NED	00:47:06	41	00:03:31	92	03:20:19	32	04:10:55	32	00:02:37		76	02:19:59	33	06:33:30	01:03:02
27	27	H24	Jeffrey van Horn	Almere	NED	00:46:55	35	00:02:08	22	03:30:50	65	04:19:52	44	00:01:39		19	02:12:23	17	06:33:53	01:03:24
28	149	H40	Nico Couckuyt	Lauwe	BEL	00:46:38	23	00:02:53	60	03:11:32	19	04:01:03	20	00:02:04		45	02:30:50	69	06:33:56	01:03:28
29	45	H24	Kor Broers	Lemmer	NED	00:49:40	59	00:02:32	46	03:22:15	37	04:14:25	35	00:02:14		57	02:20:04	34	06:36:43	01:06:14
30	157	H40	Frank van Erp	Leidschendam	NED	00:48:36	50	00:02:21	31	03:23:40	40	04:14:36	36	00:01:59		40	02:20:39	35	06:37:14	01:06:45
31	68	H24	Marcel ten Wolde	Groningen	NED	00:57:31	125	00:03:10	74	03:23:17	39	04:23:56	56	00:01:55		37	02:11:46	14	06:37:36	01:07:07
32	290	H50	Rinus de Veth	Maastricht	NED	00:52:15	83	00:02:29	43	03:18:09	30	04:12:52	33	00:03:01		88	02:22:45	47	06:38:37	01:08:08
33	76	H24	Maurits Heikoop	Nieuwerkerk ad ijssel	NED	00:49:21	57	00:03:56	110	03:28:06	54	04:21:23	49	00:01:53		33	02:16:21	22	06:39:36	01:09:08
34	205	H40	Manuel Dequero vazquez	Muiden	NED	00:51:40	77	00:02:31	45	03:27:35	51	04:21:45	50	00:01:36		16	02:19:05	29	06:42:25	01:11:56
35	198	H40	Rudolf Willems	Uden	NED	00:52:18	85	00:01:56	12	03:24:31	42	04:18:44	41	00:01:38		18	02:22:16	45	06:42:37	01:12:08
36	85	H24	Ramon van der Wilde	Vlaardingen	NED	00:46:46	29	00:02:27	36	03:33:44	74	04:22:56	54	00:02:54		83	02:17:03	24	06:42:52	01:12:24
37	38	H24	Ton van Leeuwen	Amsterdam	NED	00:55:29	107	00:02:02	17	03:22:40	38	04:20:10	45	00:02:09		53	02:20:41	36	06:43:00	01:12:31
38	78	H24	Lars Karmelk	Almere	NED	00:46:44	26	00:02:11	25	03:33:19	71	04:22:13	52	00:01:53		32	02:19:07	30	06:43:12	01:12:44

39	24 H24	Tobias Prüßner	Bad salzuflen	GER	00:43:55	16	00:03:02	68	03:34:26	80	04:21:22	48	00:01:53	34	02:21:20	39	06:44:34	01:14:06
40	200 H40	Waldo Duin	Tiel	NED	00:48:23	48	00:02:57	64	03:14:02	22	04:05:21	27	00:03:18	100	02:36:01	81	06:44:39	01:14:10
41	158 H40	Erik Elbers	Gendt	NED	00:48:07	47	00:02:29	42	03:34:08	77	04:24:42	59	00:02:09	50	02:18:29	28	06:45:19	01:14:50
42	137 H40	Ruud van den Broek	Loosdrecht	NED	00:49:44	60	00:02:58	65	03:25:02	44	04:17:43	39	00:01:27	7	02:27:39	60	06:46:48	01:16:20
43	49 H24	Bart De Craemer	Brugge	BEL	00:57:14	121	00:03:31	93	03:30:09	62	04:30:52	80	00:03:01	87	02:13:22	20	06:47:14	01:16:46
44	187 H40	Dreeuwes Dijkstra	Duiven	NED	00:53:30	93	00:03:00	66	03:19:40	31	04:16:09	37	00:02:09	51	02:29:08	64	06:47:25	01:16:57
45	61 H24	Wim Synaeve	Bredene	BEL	00:51:58	78	00:02:46	56	03:25:58	46	04:20:40	46	00:01:54	36	02:25:00	51	06:47:33	01:17:05
46	180 H40	Robert de Boer	Driemond	NED	00:54:12	97	00:03:22	83	03:21:36	35	04:19:09	42	00:02:32	73	02:26:04	54	06:47:44	01:17:16
47	77 H24	Ger Inberg	Utrecht	NED	00:55:55	114	00:02:12	26	03:28:51	58	04:26:58	67	00:02:24	68	02:21:14	38	06:50:34	01:20:06
48	81 H24	Arnaud van Schie	Leiden	NED	00:51:15	73	00:02:32	47	03:24:45	43	04:18:30	40	00:02:23	67	02:30:50	70	06:51:43	01:21:15
49	18 H20	Simon Belleflamme	Montzen	BEL	00:53:38	94	00:02:22	33	03:20:52	34	04:16:51	38	00:02:21	64	02:32:40	75	06:51:51	01:21:23
50	64 H24	Jeroen van Raak	Rosmalen	NED	00:53:06	89	00:03:36	98	03:29:19	60	04:25:59	64	00:02:03	44	02:24:16	50	06:52:17	01:21:49
51	55 H24	Lous Wondergem	Middelburg	NED	00:47:35	45	00:03:36	97	03:37:37	91	04:28:46	73	00:03:13	95	02:21:47	41	06:53:45	01:23:17
52	58 H24	Renaud Leblanc	St remy	BEL	00:52:21	86	00:03:52	108	03:32:18	69	04:28:30	72	00:01:41	21	02:23:45	48	06:53:55	01:23:27
53	54 H24	Dennis Jansen	Sassenheim	NED	00:56:19	115	00:02:42	54	03:20:45	33	04:19:45	43	00:03:37	112	02:30:47	68	06:54:08	01:23:40
54	281 H50	Jan Boonstra	Lelystad	NED	00:54:46	101	00:03:48	106	03:27:01	49	04:25:34	62	00:03:33	109	02:25:12	53	06:54:19	01:23:50
55	177 H40	Adri van Rooij	Tiel	NED	00:51:35	76	00:03:24	87	03:34:09	78	04:29:08	74	00:03:14	96	02:22:09	44	06:54:30	01:24:01
56	60 H24	Jeroen Swildens	Utrecht	NED	00:54:44	99	00:02:35	50	03:27:07	50	04:24:25	57	00:01:49	31	02:29:40	66	06:55:53	01:25:24
57	184 H40	Martin Verveer	H.i.ambacht	NED	00:46:54	32	00:03:04	71	03:39:14	99	04:29:11	75	00:02:27	71	02:25:07	52	06:56:43	01:26:14
58	291 H50	Frans Segerink	Hengelo	NED	00:56:41	119	00:04:16	119	03:34:41	82	04:35:37	93	00:02:12	55	02:19:10	31	06:56:59	01:26:31
59	293 H50	Marc Slootmaekers	Lanaken	BEL	00:52:59	88	00:03:39	102	03:26:10	47	04:22:47	53	00:08:47	145	02:26:22	57	06:57:55	01:27:27
60	185 H40	Gerard Gijzen	Urmond	NED	00:52:17	84	00:03:14	77	03:34:59	85	04:30:29	79	00:01:35	14	02:26:09	55	06:58:12	01:27:44
61	48 H24	Peter-Jan Mol	Molenhoek	NED	00:55:32	109	00:02:28	41	03:26:57	48	04:24:56	60	00:01:44	24	02:32:52	76	06:59:31	01:29:03
62	192 H40	Jaap Rikken	Duiven	NED	00:48:50	51	00:03:29	91	03:34:11	79	04:26:29	65	00:02:25	70	02:32:02	72	07:00:54	01:30:26
63	82 H24	Edwin Van den Bemt	Essen	BEL	00:59:08	132	00:03:15	78	03:30:09	63	04:32:32	82	00:01:48	27	02:27:32	59	07:01:50	01:31:22
64	75 H24	Toine Jetten	Stein	NED	00:46:57	36	00:03:24	88	03:33:22	72	04:23:42	55	00:01:54	35	02:37:37	84	07:03:12	01:32:43
65	135 H40	Marc Monden	Arendonk	BEL	00:55:23	105	00:02:05	19	03:28:25	55	04:25:52	63	00:01:46	25	02:35:37	79	07:03:15	01:32:46
66	50 H24	Jeroen van Zoelen	Berneau	NED	00:59:04	131	00:03:34	95	03:30:08	61	04:32:45	83	00:02:06	46	02:28:50	63	07:03:39	01:33:11
67	67 H24	Jascha de Goede	Schoorl	NED	00:53:17	91	00:03:15	79	03:38:40	96	04:35:10	92	00:02:37	75	02:28:19	61	07:06:06	01:35:37
68	311 H60	Mink Zeilstra	Huizen	NED	00:46:59	38	00:03:01	67	03:42:03	108	04:32:01	81	00:03:01	86	02:31:16	71	07:06:17	01:35:48
69	169 H40	Eddy Angillis	Kessel-lo	BEL	00:54:30	98	00:04:12	116	03:28:02	53	04:26:43	66	00:03:35	111	02:38:57	86	07:09:14	01:38:46
70	175 H40	Ton van Vliet	Schiedam	NED	00:50:55	69	00:02:30	44	03:28:31	56	04:21:54	51	00:02:21	63	02:47:19	99	07:11:34	01:41:05
71	144 H40	Peter Selles	Assen	NED	00:50:57	70	00:02:40	52	03:27:44	52	04:21:20	47	00:02:22	65	02:48:09	101	07:11:49	01:41:21
72	283 H50	Romain Ossieur	Marke	BEL	00:57:25	123	00:03:21	82	03:37:06	90	04:37:52	99	00:02:08	48	02:32:25	74	07:12:24	01:41:56
73	151 H40	Alain Cools	Bredene	BEL	00:50:51	67	00:03:32	94	03:39:43	102	04:34:05	87	00:01:34	13	02:36:49	82	07:12:27	01:41:59
74	173 H40	Andreas Busch	Frechen	GER	00:47:15	42	00:02:54	62	03:37:47	93	04:27:55	69	00:02:48	81	02:42:20	92	07:13:03	01:42:34
75	167 H40	Yan Verhoeven	Zoersel	BEL	00:54:11	96	00:06:30	162	03:36:06	87	04:36:45	98	00:04:31	125	02:32:05	73	07:13:21	01:42:53
76	193 H40	Ronald Ernens	Rolde	NED	00:47:16	43	00:05:10	139	03:41:09	105	04:33:35	85	00:04:03	115	02:35:52	80	07:13:29	01:43:01
77	199 H40	Johan Heylen	Bierbeek	BEL	00:56:19	116	00:05:47	154	03:41:43	107	04:43:48	107	00:03:09	92	02:26:55	58	07:13:52	01:43:23
78	22 H24	Christoph De Preter	Brussel	BEL	00:52:13	81	00:04:32	128	03:33:05	70	04:29:50	77	00:03:04	90	02:41:10	90	07:14:02	01:43:34
79	164 H40	Erwin Bruninx	Hoeselt	BEL	01:04:22	151	00:04:17	120	03:43:46	110	04:52:24	120	00:04:28	123	02:17:41	25	07:14:31	01:44:03
80	147 H40	Marcel Rensen	Bemmel	NED	00:55:32	110	00:02:34	49	03:30:13	64	04:28:18	70	00:01:22	5	02:45:44	97	07:15:23	01:44:55
81	139 H40	Jean-Louis Leupe	Sart-dames-avelines	BEL	00:49:19	56	00:05:08	138	03:47:12	118	04:41:39	103	00:05:16	131	02:28:36	62	07:15:30	01:45:02
82	16 H20	Michaël Ruppert	Kamperland	NED	00:47:54	46	00:04:13	117	03:52:09	128	04:44:14	110	00:02:35	74	02:29:47	67	07:16:35	01:46:07
83	35 H24	Koen van Dijk	Tilburg	NED	00:59:55	138	00:03:45	104	03:38:57	97	04:42:35	106	00:01:59	38	02:33:03	77	07:17:37	01:47:08

84	23 H24	Jos Sneijders	Katwijk aan zee	NED	00:55:52	113	00:02:41	53	03:36:07	88	04:34:39	90	00:02:17	59	02:41:02	89	07:17:57	01:47:29
85	165 H40	Didier Verduyven	Mortsel	BEL	00:50:46	66	00:04:55	133	03:39:24	101	04:35:04	91	00:04:10	119	02:38:51	85	07:18:05	01:47:36
86	166 H40	Marco van Nek	Purmerend	NED	01:01:26	143	00:07:22	166	03:47:26	120	04:56:12	123	00:04:08	118	02:17:52	26	07:18:11	01:47:43
87	146 H40	Robin Vogel	Vlissingen	NED	00:53:25	92	00:03:23	86	03:31:32	67	04:28:20	71	00:02:09	52	02:50:00	106	07:20:28	01:50:00
88	163 H40	Stefan Fetting	Königswinter	GER	00:56:33	117	00:05:22	143	03:51:10	124	04:53:04	121	00:01:37	17	02:26:19	56	07:20:59	01:50:30
89	145 H40	Peter Müller	Kerpen	GER	00:51:31	75	00:04:22	124	03:31:31	66	04:27:22	68	00:02:39	77	02:52:06	107	07:22:06	01:51:38
90	142 H40	Peter Hendrix	Brunssum	NED	00:57:41	126	00:05:00	136	03:55:07	133	04:57:47	125	00:03:29	107	02:21:28	40	07:22:43	01:52:15
91	132 H40	Patrick van den Kerkhof	Spijkenisse	NED	01:00:44	142	00:04:09	115	03:34:03	76	04:38:55	100	00:03:15	97	02:40:57	87	07:23:06	01:52:37
92	195 H40	René Bosch	Vorden	NED	00:46:43	25	00:02:13	27	03:35:41	86	04:24:36	58	00:03:55	114	02:55:00	111	07:23:31	01:53:03
93	154 H40	Jan-Willem de Bos	Groningen	NED	00:55:49	112	00:03:40	103	03:36:12	89	04:35:40	94	00:03:03	89	02:48:13	102	07:26:55	01:56:27
94	279 H50	Ronald de Jong	Purmerend	NED	00:50:30	61	00:03:26	89	03:40:08	104	04:34:03	86	00:03:23	105	02:49:54	105	07:27:18	01:56:50
95	278 H50	Arno Škrabanja	Cadier en keer	NED	00:58:02	127	00:03:26	90	03:39:03	98	04:40:30	102	00:01:48	29	02:45:02	95	07:27:20	01:56:51
96	153 H40	John Swelsen	Hulsberg	NED	00:54:45	100	00:05:06	137	03:51:30	127	04:51:21	117	00:03:15	98	02:33:56	78	07:28:32	01:58:03
97	285 H50	Johan Visschers	Elsloo	NED	00:53:51	95	00:03:02	69	03:47:20	119	04:44:12	109	00:02:24	69	02:43:53	93	07:30:29	02:00:00
98	162 H40	Jürgen Goßmann	Kerpen	GER	01:12:40	166	00:04:15	118	03:34:51	84	04:51:45	118	00:02:23	66	02:37:23	83	07:31:30	02:01:01
99	189 H40	Rein Derksen	Didam	NED	01:04:44	152	00:05:14	140	04:03:00	137	05:12:57	138	00:02:20	62	02:16:24	23	07:31:39	02:01:11
100	274 H50	Jan Drevers	Lelystad	NED	01:04:55	153	00:03:36	99	03:25:47	45	04:34:16	89	00:02:45	79	02:55:03	112	07:32:04	02:01:35
101	292 H50	Jan Schinkel	Benschop	NED	01:05:58	157	00:06:19	160	03:46:11	116	04:58:27	127	00:04:17	121	02:29:26	65	07:32:08	02:01:40
102	294 H50	Jan Cuijpers	Lanaken	NED	00:50:44	65	00:05:43	153	03:28:37	57	04:25:03	61	00:06:54	141	03:03:10	123	07:35:06	02:04:38
103	289 H50	Ulrich Franke	Assen	GER	00:57:22	122	00:04:44	130	03:44:25	112	04:46:29	113	00:05:04	129	02:45:10	96	07:36:43	02:06:14
104	284 H50	Marnix Vandepitte	Marke	BEL	00:58:41	128	00:03:59	112	03:39:44	103	04:42:23	105	00:02:01	43	02:52:41	108	07:37:04	02:06:36
105	178 H40	Hein Voncken	Elsloo	NED	00:58:59	129	00:04:52	132	03:32:16	68	04:36:06	96	00:04:05	116	02:58:16	116	07:38:25	02:07:57
106	206 H40	Hans Lems	Wateringen	NED	00:48:50	52	00:05:41	152	03:41:19	106	04:35:49	95	00:06:25	140	02:57:28	114	07:39:42	02:09:13
107	202 H40	Donny Op de Loch	Maasmechelen	BEL	00:52:07	79	00:04:19	122	03:37:44	92	04:34:09	88	00:04:30	124	03:01:12	120	07:39:50	02:09:21
108	161 H40	George de Jong	Beek	NED	00:50:36	62	00:04:56	134	03:33:41	73	04:29:13	76	00:03:04	91	03:11:59	131	07:44:15	02:13:46
109	286 H50	Geert Kruiter	Midwolde	NED	01:00:21	140	00:05:19	142	03:46:42	117	04:52:22	119	00:03:21	103	02:48:46	103	07:44:28	02:13:59
110	46 H24	Marcel Suurmond	Vlissingen	NED	00:51:26	74	00:04:03	113	04:02:20	135	04:57:48	126	00:02:53	82	02:44:26	94	07:45:07	02:14:38
111	28 H24	Wibbo Hummelen	Amsterdam	NED	00:50:53	68	00:03:20	81	03:47:48	122	04:42:00	104	00:03:27	106	03:00:07	118	07:45:33	02:15:04
112	271 H50	Rene van Rouendal	Almere	NED	00:59:42	136	00:05:37	149	03:53:34	129	04:58:52	128	00:05:41	135	02:41:35	91	07:46:07	02:15:38
113	207 H40	Filip Smets	Lier	BEL	00:55:29	106	00:04:18	121	03:57:06	134	04:56:52	124	00:03:10	93	02:47:46	100	07:47:47	02:17:19
114	59 H24	Valerie Willeboordse	Spijkenisse	NED	01:02:53	146	00:03:08	73	03:44:35	113	04:50:35	116	00:04:33	126	02:52:47	109	07:47:54	02:17:26
115	288 H50	Peter van Gils	Wijchen	NED	01:00:26	141	00:05:24	145	03:39:23	100	04:45:12	112	00:03:18	102	02:59:29	117	07:47:57	02:17:29
116	197 H40	Martin Pastink	Zwartsluis	NED	00:56:52	120	00:08:37	168	03:38:21	94	04:43:50	108	00:08:17	143	02:56:49	113	07:48:55	02:18:27
117	179 H40	Hans Geerts	Voorburg	NED	01:05:42	156	00:03:11	76	03:51:17	125	05:00:10	129	00:03:16	99	02:47:16	98	07:50:41	02:20:13
118	32 H24	Kris Vanhuysse	Poperinge	BEL	00:56:36	118	00:04:24	126	03:38:27	95	04:39:26	101	00:04:05	117	03:07:17	127	07:50:48	02:20:19
119	21 H24	Herman Gelan	Nederbrakel	BEL	00:59:27	133	00:04:57	135	03:51:24	126	04:55:47	122	00:03:00	85	02:58:06	115	07:56:52	02:26:23
120	31 H24	Guy Schrooten	Urmond	NED	00:59:00	130	00:03:08	72	03:45:31	115	04:47:39	115	00:02:48	80	03:07:37	128	07:58:03	02:27:34
121	152 H40	Joost Muller	Edam	NED	00:49:36	58	00:03:10	75	03:43:23	109	04:36:08	97	00:05:20	133	03:17:51	136	07:59:18	02:28:50
122	277 H50	Ben Schell	Noordwijk	NED	01:07:35	161	00:04:34	129	04:05:03	142	05:17:11	141	00:02:40	78	02:40:58	88	08:00:49	02:30:21
123	36 H24	Frederik Goethals	Knokke	BEL	01:20:23	169	00:05:14	141	03:34:46	83	05:00:22	131	00:07:14	142	02:54:31	110	08:02:06	02:31:38
124	275 H50	Charles Wessels	De zilke	NED	00:59:45	137	00:03:38	101	03:43:55	111	04:47:18	114	00:04:41	127	03:15:08	132	08:07:05	02:36:37
125	196 H40	Gino Mortier	Sint-niklaas	BEL	01:10:06	164	00:04:47	131	03:49:49	123	05:04:42	134	00:02:59	84	03:06:11	125	08:13:50	02:43:22
126	131 H40	Piet Germonprez	Hertsberge	BEL	01:00:14	139	00:05:57	156	04:15:47	147	05:21:57	145	00:04:24	122	02:49:10	104	08:15:30	02:45:02
127	17 H20	Henrik Körsge	Rotterdam	GER	00:55:16	104	00:04:20	123	04:02:33	136	05:02:09	132	00:08:26	144	03:05:34	124	08:16:07	02:45:39
128	188 H40	Alain Dejaeghere	Knokke-heist	BEL	01:07:02	160	00:05:58	157	03:53:35	130	05:06:34	136	00:05:51	136	03:06:27	126	08:18:51	02:48:23

Vrouwen

1	332 D24	Natalia Barkun	Minsk	BLR	00:42:28	2 00:01:56	3 03:17:34	2 04:01:57	1 00:01:08	1 02:11:27	1 06:14:31	
2	335 D24	Inge Vancauwenberghe	Escanaffles	BEL	00:46:50	4 00:01:47	1 03:16:18	1 04:04:54	2 00:01:11	2 02:20:44	6 06:26:47	12:17
3	333 D24	Ladislava Cisarovska	Zurich	CZE	00:46:41	3 00:02:09	4 03:25:56	5 04:14:46	6 00:02:17	9 02:12:54	2 06:29:56	15:25
4	338 D24	Irene Kinnegim	Den haag	NED	00:50:30	11 00:02:10	5 03:21:30	4 04:14:10	4 00:01:31	3 02:15:54	3 06:31:34	17:03
5	344 D24	Gonny Rosendaal	Beesd	NED	00:42:25	1 00:01:54	2 03:30:26	7 04:14:43	5 00:02:40	12 02:19:54	5 06:37:15	22:44
6	336 D24	Esther de Vries	Groningen	NED	00:46:53	6 00:02:14	8 03:20:27	3 04:09:33	3 00:01:48	6 02:30:07	8 06:41:27	26:57:00
7	350 D24	Maryka Sennema	Kingston upon thames	NED	00:47:57	8 00:02:49	10 03:35:25	8 04:26:10	8 00:02:13	8 02:18:26	4 06:46:47	32:16:00
8	349 D24	Angelique van der Linden	Arnhem	NED	00:50:39	12 00:03:46	17 03:29:02	6 04:23:26	7 00:03:29	15 02:35:49	9 07:02:43	48:12:00
9	351 D24	Jantiene Hannessen	Zeist	NED	00:50:47	13 00:02:13	7 03:45:09	10 04:38:08	9 00:01:43	4 02:28:57	7 07:08:47	54:16:00
10	345 D24	Anne Kirschenmann	Amsterdam	USA	00:59:46	19 00:02:56	12 03:45:16	11 04:47:57	12 00:02:26	10 02:38:27	10 07:28:49	01:14:19
11	348 D24	Bianca Nijhof	Utrecht	NED	00:56:31	17 00:03:49	19 03:39:26	9 04:39:45	10 00:02:54	14 03:06:49	15 07:49:27	01:34:57
12	347 D24	Nicole Constandse	Middelburg	NED	00:55:17	16 00:03:27	14 04:02:46	14 05:01:29	14 00:04:21	16 02:48:01	12 07:53:49	01:39:18
13	361 D40	Carin van den Dries	Haarlem	NED	00:51:47	14 00:03:34	15 03:51:24	13 04:46:45	11 00:02:38	11 03:07:15	16 07:56:37	01:42:06
14	362 D40	Mariska Lagerweij	Amersfoort	NED	01:03:00	20 00:02:54	11 03:48:17	12 04:54:10	13 00:02:11	7 03:06:42	14 08:03:02	01:48:32
15	342 D24	Bianca van den Kieboom	Schoten	NED	00:49:29	9 00:03:01	13 04:24:39	15 05:17:08	15 00:01:44	5 02:44:34	11 08:03:25	01:48:55
16	363 D40	Doro Franzen	Bergisch gladbach	GER	01:04:07	21 00:04:39	20 04:25:25	16 05:34:11	16 00:02:51	13 02:58:16	13 08:35:16	02:20:45
17	331 D24	Mariska Kramer	Drachten	NED	00:46:52	5 00:02:15	9	0	0	0	0	
18	334 D24	Joan Bláfoss	Copenhagen k	DEN	00:47:00	7 00:02:11	6	0	0	0	0	
19	346 D24	Christel Muis	Rotterdam	NED	00:53:47	15 00:03:49	18	0	0	0	0	
20	343 D24	Angelique van Tilburg	Almere	NED	00:50:13	10 00:03:35	16	0	0	0	0	
21	364 D40	Lonie Sonnemans	Büttgen	NED	00:57:28	18 00:04:43	21	0	0	0	0	

Trio's

1	421 TRM	Ron For Run herenteam	Maastricht	NED	00:41:37	5 00:01:25	2 03:07:05	1 03:50:06	1 00:01:01	11 01:55:13	1 05:46:18	
2	416 TRX	Hellas Angels	Utrecht	NED	00:45:20	12 00:01:32	10 03:19:04	9 04:05:56	8 00:00:55	1 02:00:51	3 06:07:40	21:23
3	407 TRX	schwer-te-krijgen	Schwerte	GER	00:44:54	11 00:01:33	12 03:16:56	8 04:03:22	5 00:00:58	8 02:03:54	5 06:08:13	21:55
4	396 TRF	RonforRun Top Trigirls	Stein	NED	00:39:43	2 00:01:28	4 03:13:10	2 03:54:19	2 00:01:02	15 02:18:43	14 06:14:04	27:46:00
5	415 TRM	Hut (Helemaal Uut Twente)	Nijverdal	NED	00:46:10	14 00:02:10	38 03:15:01	7 04:03:20	4 00:01:27	39 02:09:31	7 06:14:17	27:59:00
6	417 TRM	Medi Sport Geleen	Nieuwstadt	NED	00:36:16	1 00:01:30	8 03:35:54	25 04:13:39	16 00:01:00	9 02:06:22	6 06:21:01	34:43:00
7	402 TRM	Alles kump good	Stein	NED	00:49:34	21 00:01:28	5 03:34:06	23 04:25:07	24 00:00:56	5 01:57:24	2 06:23:26	37:09:00
8	412 TRM	AT Osborne Team 2	Aalsmeer	NED	00:49:55	23 00:01:38	21 03:23:43	14 04:15:15	17 00:01:05	19 02:10:23	9 06:26:43	40:25:00
9	425 TRM	Gelegenheids Trio	Alphen aan den rijn	NED	00:43:00	8 00:01:37	18 03:14:50	6 03:59:26	3 00:01:01	13 02:29:44	30 06:30:10	43:53:00
10	420 TRX	De troetelbeertjes	Almere	NED	00:50:00	24 00:01:35	14 03:21:44	12 04:13:18	15 00:00:55	2 02:16:03	11 06:30:16	43:58:00
11	408 TRM	AT Osborne Team 1	Aalsmeer	NED	00:48:57	19 00:02:15	40 03:21:12	11 04:12:23	14 00:01:38	42 02:16:21	12 06:30:21	44:03:00
12	404 TRM	Tri-SABIC	Elsloo	NED	00:41:03	3 00:01:36	17 03:27:11	18 04:09:49	11 00:01:01	12 02:19:49	15 06:30:38	44:21:00

