

**SABIC Triathlon Stein 2010**  
Result SABIC Open NC Long Distance Triathlon Overall

| Pos    | RaceNr | Categ                  | Naam           | Woonplaats | Land     | Zwem | #Zw      | Wis1 | #W1      | Fiets | #Fie     | NaFiets | #NaF     | Wis2 | #W2      | Loop | #Loop    | Total    | Diff | DSQ |
|--------|--------|------------------------|----------------|------------|----------|------|----------|------|----------|-------|----------|---------|----------|------|----------|------|----------|----------|------|-----|
| 1 2    | H24    | Georg Potrebtsch       | Gladbeck/nrw   | GER        | 00:37:40 | 2    | 00:01:38 | 1    | 02:48:10 | 1     | 03:27:28 | 1       | 00:01:20 | 2    | 01:57:20 | 8    | 05:26:07 |          |      |     |
| 2 5    | H40    | Gerrit Schellens       | Lommel         | BEL        | 00:40:40 | 5    | 00:01:57 | 14   | 02:56:17 | 4     | 03:38:53 | 2       | 00:01:23 | 4    | 01:47:50 | 1    | 05:28:05 | 01:59    |      |     |
| 3 1    | H24    | Pieter Hélin           | Kerksken       | BEL        | 00:43:27 | 15   | 00:01:57 | 15   | 02:55:48 | 3     | 03:41:12 | 5       | 00:01:20 | 1    | 01:53:22 | 3    | 05:35:53 | 09:47    |      |     |
| 4 8    | H24    | Sander Berk            | De kwakel      | NED        | 00:37:21 | 1    | 00:01:53 | 7    | 03:00:32 | 9     | 03:39:45 | 4       | 00:02:06 | 44   | 01:55:35 | 4    | 05:37:25 | 11:19    |      |     |
| 5 10   | H24    | Erik-simon Strijk      | Roosendaal     | NED        | 00:43:30 | 16   | 00:01:53 | 8    | 02:59:18 | 8     | 03:44:40 | 11      | 00:01:46 | 21   | 01:52:40 | 2    | 05:39:05 | 12:59    |      |     |
| 6 3    | H24    | Dirk Wijnalda          | Bunnik         | NED        | 00:44:27 | 23   | 00:01:44 | 4    | 02:58:29 | 6     | 03:44:40 | 10      | 00:01:23 | 3    | 01:56:00 | 7    | 05:42:01 | 15:55    |      |     |
| 7 60   | H24    | Roeland Smits          | Nijmegen       | NED        | 00:40:45 | 7    | 00:02:38 | 43   | 03:02:43 | 13    | 03:46:05 | 13      | 00:01:42 | 15   | 01:55:57 | 6    | 05:43:43 | 17:36    |      |     |
| 8 9    | H24    | Remy Vasseur           | Vlissingen     | NED        | 00:40:50 | 9    | 00:01:45 | 5    | 02:56:59 | 5     | 03:39:33 | 3       | 00:01:33 | 10   | 02:03:47 | 14   | 05:44:52 | 18:46    |      |     |
| 9 59   | H24    | Pieter Vanhee          | Izegem         | BEL        | 00:40:39 | 4    | 00:01:39 | 2    | 03:02:25 | 12    | 03:44:42 | 12      | 00:01:26 | 6    | 02:01:42 | 11   | 05:47:49 | 21:42    |      |     |
| 10 133 | H40    | René Poppe             | Zwolle         | NED        | 00:43:34 | 17   | 00:02:07 | 19   | 03:07:52 | 23    | 03:53:33 | 16      | 00:01:34 | 11   | 01:55:53 | 5    | 05:51:00 | 24:54:00 |      |     |
| 11 101 | H24    | Jacob Veenstra         | Groningen      | NED        | 00:43:23 | 14   | 00:02:02 | 17   | 02:59:13 | 7     | 03:44:38 | 9       | 00:01:41 | 14   | 02:05:14 | 17   | 05:51:31 | 25:25:00 |      |     |
| 12 217 | H45    | Edwin Ophof            | Raalte         | NED        | 00:48:10 | 57   | 00:03:25 | 97   | 02:52:01 | 2     | 03:43:36 | 8       | 00:02:07 | 45   | 02:07:13 | 21   | 05:52:55 | 26:48:00 |      |     |
| 13 143 | H40    | Marc Riemens           | Middelburg     | NED        | 00:46:36 | 41   | 00:03:08 | 77   | 03:04:33 | 16    | 03:54:16 | 18      | 00:02:10 | 49   | 01:59:57 | 10   | 05:56:22 | 30:15:00 |      |     |
| 14 111 | H40    | Corné Klein            | De kwakel      | NED        | 00:42:24 | 12   | 00:01:54 | 11   | 03:04:52 | 18    | 03:49:10 | 15      | 00:02:00 | 36   | 02:06:49 | 19   | 05:57:58 | 31:52:00 |      |     |
| 15 12  | H24    | Karel Pardaens         | Heverlee       | BEL        | 00:42:30 | 13   | 00:02:34 | 39   | 03:11:58 | 38    | 03:57:01 | 23      | 00:01:44 | 18   | 01:59:49 | 9    | 05:58:33 | 32:27:00 |      |     |
| 16 39  | H24    | Merijn Schuurman       | Almere         | NED        | 00:44:17 | 21   | 00:01:55 | 12   | 03:07:27 | 22    | 03:53:38 | 17      | 00:01:37 | 13   | 02:03:58 | 15   | 05:59:12 | 33:06:00 |      |     |
| 17 13  | H24    | Martijn Boot           | Almere         | NED        | 00:40:50 | 10   | 00:01:57 | 13   | 03:00:48 | 10    | 03:43:34 | 7       | 00:02:13 | 53   | 02:17:00 | 43   | 06:02:46 | 36:40:00 |      |     |
| 18 82  | H24    | Tom De beukelaar       | Korbeek-lo     | BEL        | 00:46:16 | 36   | 00:04:04 | 135  | 03:06:25 | 20    | 03:56:43 | 22      | 00:02:02 | 39   | 02:05:17 | 18   | 06:04:02 | 37:55:00 |      |     |
| 19 99  | H24    | Gerrit van der Perren  | Machelen       | BEL        | 00:43:54 | 19   | 00:02:30 | 34   | 03:11:03 | 32    | 03:57:26 | 25      | 00:01:57 | 33   | 02:08:18 | 22   | 06:07:40 | 41:33:00 |      |     |
| 20 54  | H24    | Jeffrey van Horn       | Almere         | NED        | 00:46:50 | 46   | 00:02:05 | 18   | 03:15:21 | 49    | 04:04:16 | 39      | 00:01:43 | 16   | 02:02:44 | 12   | 06:08:42 | 42:36:00 |      |     |
| 21 141 | H40    | Frans van Heteren      | Aalsmeer       | NED        | 00:41:44 | 11   | 00:01:53 | 9    | 03:04:01 | 15    | 03:47:38 | 14      | 00:01:37 | 12   | 02:20:19 | 50   | 06:09:33 | 43:26:00 |      |     |
| 22 210 | H45    | Jos Broeren            | Empel          | NED        | 00:48:30 | 65   | 00:03:41 | 108  | 03:11:53 | 37    | 04:04:03 | 38      | 00:02:54 | 101  | 02:04:02 | 16   | 06:10:58 | 44:52:00 |      |     |
| 23 66  | H24    | Koen Vanderbeke        | Erps-kwerps    | BEL        | 00:44:26 | 22   | 00:01:50 | 6    | 03:11:12 | 33    | 03:57:27 | 26      | 00:01:29 | 7    | 02:12:46 | 31   | 06:11:40 | 45:34:00 |      |     |
| 24 203 | H45    | Piet van Tol           | Lisse          | NED        | 00:47:05 | 52   | 00:02:36 | 42   | 03:10:31 | 29    | 04:00:12 | 34      | 00:01:50 | 25   | 02:09:48 | 24   | 06:11:49 | 45:43:00 |      |     |
| 25 187 | H45    | Henk van Laar          | Uithoorn       | NED        | 00:48:20 | 60   | 00:02:25 | 28   | 03:04:51 | 17    | 03:55:34 | 19      | 00:02:14 | 54   | 02:15:03 | 34   | 06:12:51 | 46:44:00 |      |     |
| 26 223 | H45    | Richard de Boer        | Laren          | NED        | 00:47:07 | 53   | 00:04:48 | 169  | 03:14:20 | 42    | 04:06:15 | 45      | 00:02:35 | 76   | 02:07:13 | 20   | 06:16:02 | 49:56:00 |      |     |
| 27 90  | H24    | Paul Zirkzee           | Kudelstaart    | NED        | 00:39:35 | 3    | 00:02:58 | 68   | 03:14:41 | 44    | 03:57:13 | 24      | 00:02:57 | 105  | 02:16:38 | 41   | 06:16:47 | 50:41:00 |      |     |
| 28 144 | H40    | Johan Pauwels          | Deurne         | BEL        | 00:46:09 | 33   | 00:02:16 | 22   | 03:10:50 | 30    | 03:59:14 | 32      | 00:02:09 | 48   | 02:15:55 | 38   | 06:17:18 | 51:11:00 |      |     |
| 29 52  | H24    | Stephane Staelens      | Zomergem       | BEL        | 00:45:51 | 32   | 00:02:22 | 24   | 03:08:20 | 24    | 03:56:32 | 21      | 00:02:10 | 50   | 02:19:42 | 49   | 06:18:23 | 52:17:00 |      |     |
| 30 81  | H24    | Erwin Delisse          | Sint oedenrode | NED        | 00:44:52 | 25   | 00:02:30 | 33   | 03:18:56 | 60    | 04:06:17 | 46      | 00:01:46 | 22   | 02:11:12 | 29   | 06:19:14 | 53:07:00 |      |     |
| 31 221 | H45    | Manuel Dequero vazquez | Muiden         | NED        | 00:47:19 | 54   | 00:02:31 | 35   | 03:13:39 | 41    | 04:03:29 | 36      | 00:01:46 | 20   | 02:15:05 | 35   | 06:20:18 | 54:11:00 |      |     |
| 32 69  | H24    | Ramon van der Wilde    | Vlaardingen    | NED        | 00:45:10 | 30   | 00:02:09 | 20   | 03:27:23 | 110   | 04:14:41 | 75      | 00:03:00 | 109  | 02:03:03 | 13   | 06:20:43 | 54:37:00 |      |     |
| 33 208 | H45    | Vincent Hentzepeter    | Westerhaar     | NED        | 00:50:14 | 83   | 00:02:44 | 47   | 03:15:42 | 52    | 04:08:39 | 53      | 00:01:32 | 9    | 02:10:37 | 27   | 06:20:47 | 54:41:00 |      |     |
| 34 244 | H50    | Aart van Wijk          | Slidrecht      | NED        | 00:45:29 | 31   | 00:03:54 | 122  | 03:15:28 | 50    | 04:04:49 | 41      | 00:05:24 | 187  | 02:10:40 | 28   | 06:20:52 | 54:46:00 |      |     |
| 35 128 | H40    | Leon van der Wilde     | Vlaardingen    | NED        | 00:43:58 | 20   | 00:02:41 | 46   | 03:22:42 | 85    | 04:09:19 | 54      | 00:02:02 | 38   | 02:09:49 | 26   | 06:21:09 | 55:03:00 |      |     |
| 36 56  | H24    | Timothy Saey           | Gent           | BEL        | 00:48:23 | 61   | 00:02:24 | 27   | 03:12:51 | 39    | 04:03:37 | 37      | 00:01:54 | 28   | 02:15:55 | 39   | 06:21:25 | 55:19:00 |      |     |
| 37 88  | H24    | Erik Doornbos          | Amsterdam      | NED        | 00:45:06 | 28   | 00:03:01 | 70   | 03:10:54 | 31    | 03:59:00 | 31      | 00:02:04 | 41   | 02:20:37 | 51   | 06:21:39 | 55:33:00 |      |     |
| 38 63  | H24    | Dennis vd Worp         | Maasland       | NED        | 00:46:15 | 35   | 00:01:54 | 10   | 03:11:40 | 35    | 03:59:48 | 33      | 00:02:41 | 78   | 02:21:51 | 56   | 06:24:18 | 58:12:00 |      |     |
| 39 146 | H40    | Stephane Vandamme      | Diegem         | BEL        | 00:50:27 | 86   | 00:02:25 | 29   | 03:14:59 | 47    | 04:07:49 | 48      | 00:01:56 | 30   | 02:15:57 | 40   | 06:25:41 | 59:35:00 |      |     |
| 40 75  | H24    | Bernard Hilferink      | Zelhem         | NED        | 00:43:53 | 18   | 00:02:53 | 56   | 03:09:21 | 27    | 03:56:06 | 20      | 00:02:26 | 67   | 02:27:16 | 76   | 06:25:47 | 59:41:00 |      |     |
| 41 62  | H24    | Kor Broers             | Lemmer         | NED        | 00:48:30 | 64   | 00:02:21 | 23   | 03:14:34 | 43    | 04:05:24 | 43      | 00:01:48 | 23   | 02:18:52 | 47   | 06:26:03 | 59:57:00 |      |     |
| 42 239 | H50    | Erik Nieuwenhuis       | Katwijk        | NED        | 00:46:25 | 37   | 00:02:34 | 37   | 03:08:53 | 26    | 03:57:51 | 27      | 00:01:57 | 32   | 02:27:10 | 75   | 06:26:57 | 01:00:50 |      |     |
| 43 61  | H24    | Jo Van den berge       | Deux-acren     | BEL        | 00:53:17 | 108  | 00:02:54 | 58   | 03:16:30 | 56    | 04:12:40 | 65      | 00:01:49 | 24   | 02:14:09 | 33   | 06:28:37 | 01:02:31 |      |     |
| 44 91  | H24    | Kevin Deman            | Gullegem       | BEL        | 00:49:43 | 74   | 00:02:34 | 38   | 03:10:00 | 28    | 04:02:16 | 35      | 00:02:32 | 72   | 02:25:27 | 66   | 06:30:14 | 01:04:08 |      |     |
| 45 236 | H50    | Marcel Kies            | Heemskerk      | NED        | 00:46:38 | 42   | 00:02:54 | 57   | 03:23:05 | 88    | 04:12:36 | 64      | 00:01:23 | 5    | 02:16:47 | 42   | 06:30:45 | 01:04:39 |      |     |
| 46 104 | H24    | Jasper van Olst        | Drachten       | NED        | 00:40:43 | 6    | 00:02:38 | 44   | 03:15:32 | 51    | 03:58:52 | 30      | 00:02:43 | 81   | 02:29:21 | 85   | 06:30:55 | 01:04:49 |      |     |
| 47 83  | H24    | Toine Jetten           | Stein          | NED        | 00:47:37 | 55   | 00:03:48 | 115  | 03:20:26 | 66    | 04:11:50 | 61      | 00:01:57 | 31   | 02:18:51 | 46   | 06:32:36 | 01:06:30 |      |     |
| 48 176 | H45    | Coen Weerkamp          | Soest          | NED        | 00:54:49 | 129  | 00:03:57 | 129  | 03:11:41 | 36    | 04:10:26 | 56      | 00:01:55 | 29   | 02:20:41 | 52   | 06:33:01 | 01:06:54 |      |     |
| 49 41  | H24    | Igor Vinck             | Merchtem       | BEL        | 00:58:23 | 168  | 00:02:45 | 48   | 03:21:06 | 72    | 04:22:13 | 103     | 00:02:48 | 93   | 02:08:27 | 23   | 06:33:27 | 01:07:21 |      |     |
| 50 122 | H40    | Kai Moldenhauer        | Witten         | GER        | 00:54:11 | 122  | 00:03:41 | 106  | 03:08:47 | 25    | 04:06:38 | 47      | 00:03:31 | 139  | 02:23:24 | 60   | 06:33:32 | 01:07:25 |      |     |
| 51 23  | H24    | Ger Inberg             | Utrecht        | NED        | 00:55:06 | 139  | 00:02:02 | 16   | 03:18:11 | 58    | 04:15:18 | 77      | 00:02:10 | 51   | 02:17:55 | 45   | 06:35:23 | 01:09:16 |      |     |
| 52 18  | H20    | Simon Belleflamme      | Montzen        | BEL        | 00:50:13 | 82   | 00:02:24 | 26   | 03:06:05 | 19    | 03:58:41 | 29      | 00:02:23 | 64   | 02:34:41 | 107  | 06:35:44 | 01:09:38 |      |     |
| 53 48  | H24    | Davy Boelens           | Kaprijke       | BEL        | 00:48:30 | 63   | 00:02:24 | 25   | 03:14:54 | 45    | 04:05:47 | 44      | 00:03:35 | 144  | 02:27:58 | 78   | 06:37:19 | 01:11:12 |      |     |
| 54 184 | H45    | Paul Keehnen           | Spijkensisse   | NED        | 00:56:45 | 155  | 00:03:39 | 103  | 03:21:36 | 77    | 04:21:59 | 101     | 00:03:04 | 116  | 02:12:43 | 30   | 06:37:45 | 01:11:39 |      |     |
| 55 85  | H24    | Rik Vandevoorde        | Izegem         | BEL        | 00:46:46 | 44   | 00:04:18 | 150  | 03:20:39 | 71    | 04:11:43 | 60      | 00:02:03 | 40   | 02:24:33 | 64   | 06:38:18 | 01:12:12 |      |     |
| 56 237 | H50    | Frank van Erp          | Leidschendam   | NED        | 00:48:06 | 56   | 00:02:54 | 61   | 03:21:26 | 74    | 04:12:25 | 63      | 00:02:48 | 92   | 02:24:20 | 63   | 06:39:32 | 01:13:26 |      |     |
| 57 130 | H40    | Marcel ten Wolde       | Groningen      | NED        | 00:54:32 | 126  | 00:03:39 | 104  | 03:21:59 | 80    | 04:20:09 | 91      | 00:02:00 | 35   | 02:19:27 | 48   | 06:41:35 | 01:15:28 |      |     |
| 58 280 | H55    | Fred Nes               | Winkel         | NED        | 00:48:36 | 66   | 00:03:08 | 76   | 03:21:34 | 76    | 04:13:17 | 71      | 00:02:08 | 46   | 02:26:50 | 72   | 06:42:14 | 01:16:08 |      |     |
| 59 172 | H45    | Michel de Gier         | Kwintshuil     | NED        | 00:45:09 | 29   | 00:03:15 | 85   | 03:16:29 | 54    | 04:04:52 | 42      | 00:04:08 | 167  | 02:34:30 | 102  | 06:43:29 | 01:17:23 |      |     |
| 60 140 | H40    | Aalt Hagedoorn         | Wierden        | NED        | 00:46:54 | 48   | 00:05:33 | 186  | 03:32:44 | 130   | 04:25:11 | 110     | 00:05:42 | 190  | 02:12:59 | 32   | 06:43:51 | 01:17:45 |      |     |

|     |     |     |                        |                   |     |          |     |          |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|-----|------------------------|-------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 61  | 131 | H40 | Kees Jansen            | Hillegom          | NED | 00:49:13 | 73  | 00:03:14 | 82  | 03:20:18 | 65  | 04:12:44 | 66  | 00:03:26 | 133 | 02:28:03 | 80  | 06:44:12 | 01:18:06 |
| 62  | 216 | H45 | Freek van Heerebeek    | Almere            | NED | 00:49:01 | 70  | 00:04:01 | 131 | 03:14:57 | 46  | 04:07:58 | 49  | 00:01:45 | 19  | 02:34:41 | 106 | 06:44:23 | 01:18:16 |
| 63  | 252 | H50 | Ruud van den Broek     | Loosdrecht        | NED | 00:50:18 | 84  | 00:02:56 | 62  | 03:20:34 | 70  | 04:13:46 | 74  | 00:01:32 | 8   | 02:29:30 | 86  | 06:44:47 | 01:18:41 |
| 64  | 204 | H45 | Werner Zülke           | Merksem           | BEL | 00:55:23 | 145 | 00:04:42 | 165 | 03:24:50 | 94  | 04:24:54 | 109 | 00:02:28 | 69  | 02:17:35 | 44  | 06:44:57 | 01:18:50 |
| 65  | 179 | H45 | Hessel Kruijer         | Den helder        | NED | 00:46:51 | 47  | 00:03:05 | 74  | 03:21:28 | 75  | 04:11:23 | 59  | 00:04:36 | 178 | 02:29:11 | 83  | 06:45:09 | 01:19:02 |
| 66  | 98  | H24 | Gerrit van Egmond      | Rijnsburg         | NED | 00:55:14 | 142 | 00:04:54 | 171 | 03:13:12 | 40  | 04:13:19 | 72  | 00:03:55 | 159 | 02:28:10 | 81  | 06:45:24 | 01:19:18 |
| 67  | 201 | H45 | John Beerendonk        | Loosdrecht        | NED | 00:49:10 | 72  | 00:03:20 | 88  | 03:20:34 | 69  | 04:13:03 | 69  | 00:03:34 | 142 | 02:29:16 | 84  | 06:45:52 | 01:19:45 |
| 68  | 135 | H40 | Maarten Krijnen        | Purmerend         | NED | 00:47:01 | 51  | 00:03:13 | 81  | 03:20:30 | 67  | 04:10:43 | 57  | 00:02:20 | 61  | 02:33:17 | 96  | 06:46:19 | 01:20:13 |
| 69  | 181 | H45 | Wim van Hilst          | Steenderen        | NED | 00:53:44 | 115 | 00:04:38 | 160 | 03:33:17 | 134 | 04:31:38 | 131 | 00:05:04 | 184 | 02:09:48 | 25  | 06:46:29 | 01:20:23 |
| 70  | 38  | H24 | Thomas van der Wal     | Klazienaveen      | NED | 00:53:47 | 116 | 00:03:23 | 91  | 03:32:04 | 127 | 04:29:13 | 122 | 00:02:52 | 98  | 02:15:11 | 36  | 06:47:14 | 01:21:08 |
| 71  | 94  | H24 | Dennis Jansen          | Sassenheim        | NED | 00:55:54 | 150 | 00:03:03 | 72  | 03:11:25 | 34  | 04:10:20 | 55  | 00:02:38 | 77  | 02:34:21 | 101 | 06:47:19 | 01:21:13 |
| 72  | 100 | H24 | Dirk Dexters           | Maasmechelen      | BEL | 00:52:40 | 99  | 00:03:41 | 107 | 03:24:58 | 95  | 04:21:17 | 95  | 00:02:18 | 59  | 02:23:48 | 61  | 06:47:23 | 01:21:16 |
| 73  | 97  | H24 | Jody Schinkel          | Benschop          | NED | 00:53:03 | 105 | 00:04:38 | 161 | 03:23:39 | 90  | 04:21:20 | 96  | 00:03:35 | 143 | 02:22:31 | 57  | 06:47:24 | 01:21:18 |
| 74  | 274 | H55 | Jan Mijwaart           | Kortenhoef        | NED | 00:51:32 | 95  | 00:02:56 | 63  | 03:19:02 | 61  | 04:13:29 | 73  | 00:03:09 | 122 | 02:31:03 | 90  | 06:47:40 | 01:21:34 |
| 75  | 222 | H45 | Dany Dalle             | Blankenberge      | BEL | 00:59:56 | 177 | 00:03:56 | 126 | 03:18:12 | 59  | 04:22:03 | 102 | 00:04:31 | 175 | 02:21:32 | 54  | 06:48:05 | 01:21:58 |
| 76  | 196 | H45 | Eddy Angillis          | Kessel-lo         | BEL | 00:50:43 | 88  | 00:03:43 | 110 | 03:17:57 | 57  | 04:12:22 | 62  | 00:03:05 | 117 | 02:33:34 | 97  | 06:49:00 | 01:22:54 |
| 77  | 29  | H24 | Paul Versteegen        | Horst aan de maas | NED | 00:53:07 | 107 | 00:02:40 | 45  | 03:23:54 | 91  | 04:19:41 | 87  | 00:02:44 | 85  | 02:26:54 | 73  | 06:49:18 | 01:23:11 |
| 78  | 92  | H24 | Gerry van Gastel       | Kaatsheuvel       | NED | 00:52:07 | 96  | 00:03:03 | 71  | 03:28:52 | 118 | 04:24:01 | 107 | 00:01:59 | 34  | 02:27:09 | 74  | 06:53:08 | 01:27:02 |
| 79  | 87  | H24 | Francis Mobbs          | Dorchester        | GBR | 00:44:48 | 24  | 00:02:25 | 30  | 03:21:13 | 73  | 04:08:25 | 51  | 00:02:30 | 71  | 02:42:22 | 130 | 06:53:17 | 01:27:10 |
| 80  | 96  | H24 | Jeroen Schinkel        | Ijsselstein       | NED | 00:56:25 | 154 | 00:04:04 | 136 | 03:19:29 | 64  | 04:19:58 | 90  | 00:02:41 | 79  | 02:30:48 | 89  | 06:53:26 | 01:27:20 |
| 81  | 206 | H45 | Adri van Rooij         | Tiel              | NED | 00:50:46 | 89  | 00:03:32 | 99  | 03:30:22 | 121 | 04:24:38 | 108 | 00:03:23 | 132 | 02:25:42 | 68  | 06:53:43 | 01:27:36 |
| 82  | 175 | H45 | Alex Baumgardt         | Monster           | NED | 00:54:30 | 125 | 00:04:57 | 173 | 03:20:31 | 68  | 04:19:56 | 89  | 00:04:19 | 170 | 02:29:45 | 87  | 06:53:59 | 01:27:53 |
| 83  | 224 | H45 | René Wijnen            | Asten-heusden     | NED | 00:49:06 | 71  | 00:02:49 | 52  | 03:25:56 | 101 | 04:17:50 | 83  | 00:01:44 | 17  | 02:34:38 | 104 | 06:54:10 | 01:28:04 |
| 84  | 65  | H24 | Anthonie Dam           | Almere            | NED | 01:00:05 | 181 | 00:03:25 | 95  | 03:27:13 | 107 | 04:30:42 | 129 | 00:02:24 | 66  | 02:21:46 | 55  | 06:54:51 | 01:28:45 |
| 85  | 185 | H45 | Didier Vercruysee      | Mortsel           | BEL | 00:50:49 | 90  | 00:05:00 | 174 | 03:31:58 | 125 | 04:27:45 | 119 | 00:03:28 | 134 | 02:23:55 | 62  | 06:55:08 | 01:29:01 |
| 86  | 44  | H24 | Marcus Dick-cortmann   | Herdecke          | GER | 00:52:47 | 101 | 00:02:54 | 59  | 03:25:49 | 100 | 04:21:28 | 98  | 00:03:02 | 111 | 02:31:15 | 92  | 06:55:44 | 01:29:37 |
| 87  | 77  | H24 | Toon Dehandschutter    | Korbeek-lo        | BEL | 00:48:19 | 59  | 00:03:25 | 98  | 03:23:29 | 89  | 04:15:12 | 76  | 00:05:33 | 188 | 02:35:04 | 109 | 06:55:48 | 01:29:42 |
| 88  | 254 | H50 | Pieter Iedema          | Amsterdam         | NED | 00:58:03 | 164 | 00:03:52 | 120 | 03:26:03 | 102 | 04:27:57 | 120 | 00:02:12 | 52  | 02:26:28 | 70  | 06:56:37 | 01:30:31 |
| 89  | 22  | H24 | Tom van Oers           | Brasschaat        | BEL | 00:49:44 | 75  | 00:03:03 | 73  | 03:27:46 | 114 | 04:20:32 | 93  | 00:02:19 | 60  | 02:33:55 | 99  | 06:56:45 | 01:30:39 |
| 90  | 132 | H40 | Bas Koning             | Den haag          | NED | 00:53:55 | 118 | 00:03:41 | 109 | 03:28:19 | 115 | 04:25:54 | 113 | 00:02:56 | 104 | 02:28:15 | 82  | 06:57:04 | 01:30:57 |
| 91  | 50  | H24 | Bert Rookus            | Altdorf           | NED | 00:54:51 | 130 | 00:04:02 | 132 | 03:22:31 | 83  | 04:21:23 | 97  | 00:02:15 | 55  | 02:33:36 | 98  | 06:57:13 | 01:31:07 |
| 92  | 214 | H45 | Jos den Hollander      | Goes              | NED | 00:55:25 | 146 | 00:03:51 | 118 | 03:30:49 | 122 | 04:30:05 | 126 | 00:02:17 | 57  | 02:25:40 | 67  | 06:58:01 | 01:31:55 |
| 93  | 124 | H40 | Patrick Wullepit       | Ledegem           | BEL | 00:50:01 | 78  | 00:03:43 | 111 | 03:25:40 | 99  | 04:19:23 | 86  | 00:02:26 | 68  | 02:36:33 | 117 | 06:58:21 | 01:32:15 |
| 94  | 76  | H24 | Cornee van Loon        | Soest             | NED | 00:46:58 | 50  | 00:02:46 | 49  | 03:41:03 | 155 | 04:30:46 | 130 | 00:04:48 | 182 | 02:23:23 | 59  | 06:58:57 | 01:32:51 |
| 95  | 27  | H24 | Steven Haeck           | Sint laureins     | BEL | 00:50:22 | 85  | 00:02:26 | 31  | 03:23:01 | 87  | 04:15:48 | 78  | 00:03:45 | 153 | 02:40:06 | 125 | 06:59:38 | 01:33:32 |
| 96  | 73  | H24 | Henkjan van Goor       | Daarlerveen       | NED | 00:53:31 | 110 | 00:02:51 | 53  | 03:24:07 | 93  | 04:20:27 | 92  | 00:03:01 | 110 | 02:36:32 | 116 | 06:59:59 | 01:33:53 |
| 97  | 114 | H40 | Moul Kaewkokua         | Den haag          | NED | 00:55:05 | 138 | 00:02:57 | 65  | 03:28:31 | 116 | 04:26:33 | 117 | 00:02:05 | 42  | 02:31:44 | 93  | 07:00:20 | 01:34:14 |
| 98  | 292 | H60 | Hans van der Linden    | Leusden           | NED | 00:48:38 | 67  | 00:03:24 | 94  | 03:26:33 | 104 | 04:18:34 | 84  | 00:02:47 | 90  | 02:39:16 | 123 | 07:00:36 | 01:34:30 |
| 99  | 178 | H45 | Hans Lems              | Wateringen        | NED | 00:46:31 | 38  | 00:04:40 | 162 | 03:21:41 | 78  | 04:12:51 | 67  | 00:05:49 | 191 | 02:42:32 | 131 | 07:01:12 | 01:35:05 |
| 100 | 273 | H55 | Ad Schoonderbeek       | Waalwijk          | NED | 00:46:58 | 49  | 00:02:28 | 32  | 03:34:31 | 137 | 04:23:57 | 106 | 00:02:01 | 37  | 02:35:23 | 110 | 07:01:20 | 01:35:14 |
| 101 | 136 | H40 | Donny Op de locht      | Maasmechelen      | BEL | 00:52:54 | 102 | 00:04:05 | 139 | 03:22:53 | 86  | 04:19:51 | 88  | 00:03:29 | 137 | 02:38:50 | 122 | 07:02:09 | 01:36:03 |
| 102 | 134 | H40 | Han Poppema            | Linschoten        | NED | 00:49:48 | 76  | 00:03:41 | 105 | 03:19:25 | 63  | 04:12:53 | 68  | 00:04:42 | 181 | 02:45:32 | 135 | 07:03:07 | 01:37:00 |
| 103 | 240 | H50 | Albert Corveleijn      | Spijkenisse       | NED | 00:51:06 | 93  | 00:02:57 | 66  | 03:19:10 | 62  | 04:13:12 | 70  | 00:02:58 | 107 | 02:47:03 | 141 | 07:03:11 | 01:37:05 |
| 104 | 37  | H24 | Martijn van Ouwkerk    | Almere            | NED | 00:46:32 | 39  | 00:03:52 | 121 | 03:26:10 | 103 | 04:16:33 | 80  | 00:02:58 | 106 | 02:43:52 | 134 | 07:03:22 | 01:37:15 |
| 105 | 16  | H20 | Michaël Ruppert        | Kamperland        | NED | 00:46:13 | 34  | 00:02:58 | 67  | 03:27:44 | 112 | 04:16:54 | 81  | 00:03:03 | 112 | 02:43:52 | 133 | 07:03:47 | 01:37:41 |
| 106 | 125 | H40 | Kurt Hattas            | Wommelgem         | BEL | 00:54:06 | 121 | 00:04:41 | 164 | 03:27:11 | 106 | 04:25:57 | 115 | 00:03:29 | 135 | 02:36:16 | 114 | 07:05:41 | 01:39:35 |
| 107 | 192 | H45 | Piet Van ruyskensvelde | Vurste            | BEL | 00:54:02 | 119 | 00:03:23 | 92  | 03:38:09 | 148 | 04:35:33 | 138 | 00:03:29 | 138 | 02:28:03 | 79  | 07:07:04 | 01:40:58 |
| 108 | 102 | H24 | Maarten Bosmans        | Asse              | BEL | 00:52:36 | 98  | 00:04:07 | 141 | 03:36:52 | 141 | 04:33:34 | 135 | 00:03:36 | 145 | 02:30:36 | 88  | 07:07:45 | 01:41:38 |
| 109 | 71  | H24 | Jascha de Goede        | Schoorl           | NED | 00:53:07 | 106 | 00:05:07 | 176 | 03:29:25 | 120 | 04:27:39 | 118 | 00:03:41 | 149 | 02:36:26 | 115 | 07:07:45 | 01:41:38 |
| 110 | 183 | H45 | Tom Otte               | Almere            | NED | 01:00:03 | 179 | 00:03:15 | 84  | 03:27:22 | 109 | 04:30:40 | 128 | 00:03:08 | 121 | 02:34:20 | 100 | 07:08:07 | 01:42:01 |
| 111 | 213 | H45 | Peter Hendrix          | Brunssum          | NED | 00:55:49 | 148 | 00:05:26 | 183 | 03:42:32 | 164 | 04:43:46 | 159 | 00:03:03 | 113 | 02:21:31 | 53  | 07:08:19 | 01:42:12 |
| 112 | 137 | H40 | Ton van Vliet          | Schiedam          | NED | 00:49:51 | 77  | 00:02:34 | 36  | 03:28:34 | 117 | 04:20:58 | 94  | 00:02:59 | 108 | 02:46:05 | 138 | 07:10:01 | 01:43:55 |
| 113 | 200 | H45 | Hugo Verbandt          | Merksem           | BEL | 01:00:27 | 183 | 00:05:10 | 177 | 03:38:37 | 149 | 04:44:13 | 161 | 00:02:55 | 102 | 02:23:00 | 58  | 07:10:07 | 01:44:01 |
| 114 | 215 | H45 | Michael Maag           | Erkrath           | GER | 00:48:58 | 69  | 00:03:15 | 87  | 03:37:53 | 145 | 04:30:04 | 125 | 00:02:18 | 58  | 02:38:49 | 121 | 07:11:10 | 01:45:04 |
| 115 | 238 | H50 | Kees Greidanus         | Bilthoven         | NED | 00:58:09 | 166 | 00:04:41 | 163 | 03:37:29 | 142 | 04:40:17 | 148 | 00:04:55 | 183 | 02:26:06 | 69  | 07:11:17 | 01:45:10 |
| 116 | 147 | H40 | Guy Vermeulen          | Wuustwezel        | BEL | 00:58:07 | 165 | 00:04:02 | 133 | 03:32:09 | 128 | 04:34:18 | 136 | 00:02:47 | 89  | 02:34:41 | 105 | 07:11:44 | 01:45:38 |
| 117 | 129 | H40 | Ralph Neuberger        | Hünstetten        | GER | 01:04:18 | 194 | 00:03:34 | 101 | 03:22:08 | 81  | 04:29:58 | 123 | 00:03:21 | 131 | 02:39:55 | 124 | 07:13:13 | 01:47:06 |
| 118 | 249 | H50 | Peter Heyrman          | Brasschaat        | BEL | 01:00:04 | 180 | 00:03:23 | 93  | 03:32:15 | 129 | 04:35:41 | 141 | 00:02:21 | 62  | 02:35:51 | 113 | 07:13:52 | 01:47:46 |
| 119 | 193 | H45 | Paul Peeters           | Brasschaat        | BEL | 00:52:55 | 103 | 00:04:20 | 152 | 03:31:11 | 123 | 04:28:25 | 121 | 00:04:32 | 176 | 02:41:36 | 128 | 07:14:32 | 01:48:26 |
| 120 | 115 | H40 | Budingen Vanbergen     | Budingen          | BEL | 00:58:12 | 167 | 00:05:34 | 187 | 03:34:10 | 136 | 04:37:55 | 146 | 00:04:03 | 165 | 02:32:56 | 95  | 07:14:53 | 01:48:47 |
| 121 | 93  | H24 | Dimitri Gelders        | Hasselt           | BEL | 00:54:40 | 127 | 00:03:17 | 86  | 03:27:20 | 108 | 04:25:16 | 111 | 00:03:56 | 160 | 02:46:12 | 139 | 07:15:23 | 01:49:17 |
| 122 | 235 | H50 | Ruud Prins             | Rotterdam         | NED | 00:58:46 | 172 | 00:04:05 | 138 | 03:32:51 | 131 | 04:35:40 | 140 | 00:02:53 | 100 | 02:36:56 | 118 | 07:15:28 | 01       |

|         |     |                       |                     |     |          |     |            |     |          |     |          |     |          |     |          |     |          |          |
|---------|-----|-----------------------|---------------------|-----|----------|-----|------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 124 55  | H24 | Bram van Baar         | Alkmaar             | NED | 01:23:48 | 211 | 00:03:54   | 124 | 03:29:08 | 119 | 04:56:50 | 181 | 00:03:06 | 119 | 02:15:50 | 37  | 07:15:44 | 01:49:38 |
| 125 198 | H45 | Leon Hoogervorst      | Noordwijkerhout     | NED | 00:52:19 | 97  | 00:03:50   | 117 | 03:25:27 | 97  | 04:21:35 | 100 | 00:04:21 | 172 | 02:51:12 | 153 | 07:17:06 | 01:51:00 |
| 126 248 | H50 | Henk Weerdmeester     | Benschop            | NED | 00:57:33 | 159 | 00:04:12   | 144 | 03:31:23 | 124 | 04:33:07 | 133 | 00:02:52 | 99  | 02:42:03 | 129 | 07:18:01 | 01:51:55 |
| 127 220 | H45 | Willibrord Vos        | Hilversum           | NED | 00:50:51 | 91  | 00:03:57   | 127 | 03:46:48 | 174 | 04:41:35 | 155 | 00:02:46 | 88  | 02:35:37 | 111 | 07:19:57 | 01:53:51 |
| 128 26  | H24 | Yannick Lefebvre      | Edam                | FRA | 00:59:22 | 176 | 00:03:44   | 113 | 03:35:55 | 139 | 04:39:00 | 147 | 00:03:42 | 151 | 02:38:21 | 120 | 07:21:02 | 01:54:55 |
| 129 17  | H20 | Korné Viskil          | Bunnik              | NED | 00:58:51 | 173 | 00:03:21   | 90  | 03:40:37 | 153 | 04:42:48 | 158 | 00:02:50 | 94  | 02:35:47 | 112 | 07:21:24 | 01:55:17 |
| 130 36  | H24 | Jermaine Goveia       | Utrecht             | NED | 00:52:45 | 100 | 00:03:10   | 78  | 03:25:39 | 98  | 04:21:33 | 99  | 00:03:59 | 162 | 02:55:53 | 160 | 07:21:24 | 01:55:18 |
| 131 174 | H45 | Luke Luyx             | Aalst               | BEL | 00:57:44 | 160 | 00:04:32   | 158 | 03:27:45 | 113 | 04:30:00 | 124 | 00:03:41 | 150 | 02:47:50 | 143 | 07:21:30 | 01:55:24 |
| 132 103 | H24 | Marcel van der Honing | Best                | NED | 01:02:23 | 189 | 00:04:20   | 151 | 03:16:07 | 53  | 04:22:49 | 104 | 00:03:04 | 115 | 02:57:54 | 165 | 07:23:46 | 01:57:40 |
| 133 207 | H45 | Gerard Gijzen         | Urmond              | NED | 00:53:39 | 114 | 00:03:44   | 112 | 03:44:03 | 170 | 04:41:25 | 154 | 00:02:06 | 43  | 02:41:17 | 126 | 07:24:47 | 01:58:40 |
| 134 251 | H50 | Jan Cuijpers          | Maastricht          | NED | 00:51:00 | 92  | 00:06:09   | 193 | 03:22:09 | 82  | 04:19:16 | 85  | 00:03:55 | 158 | 03:02:43 | 170 | 07:25:53 | 01:59:46 |
| 135 245 | H50 | Rene van Rouendal     | Almere              | NED | 00:54:59 | 135 | 00:04:37   | 159 | 03:41:00 | 154 | 04:40:36 | 150 | 00:04:10 | 168 | 02:41:27 | 127 | 07:26:11 | 02:00:05 |
| 136 74  | H24 | Jeroen D'hulst        | Gent                | BEL | 00:56:15 | 153 | 00:04:12   | 147 | 03:35:20 | 138 | 04:35:47 | 142 | 00:02:29 | 70  | 02:48:25 | 144 | 07:26:40 | 02:00:34 |
| 137 272 | H55 | Jan Schinkel          | Benschop            | NED | 01:04:41 | 195 | 00:04:25   | 154 | 03:41:22 | 158 | 04:50:28 | 172 | 00:04:14 | 169 | 02:32:11 | 94  | 07:26:52 | 02:00:45 |
| 138 173 | H45 | Luc Goethals          | Lembeke             | BEL | 00:50:02 | 79  | 00:03:20   | 89  | 03:33:11 | 132 | 04:26:32 | 116 | 00:03:20 | 129 | 02:57:47 | 164 | 07:27:38 | 02:01:31 |
| 139 46  | H24 | Jan Heylen            | Mortsel             | BEL | 01:00:21 | 182 | 00:08:07   | 206 | 03:21:42 | 79  | 04:30:08 | 127 | 00:03:53 | 156 | 02:54:28 | 159 | 07:28:28 | 02:02:22 |
| 140 188 | H45 | Harry Kraan           | Almere              | NED | 00:58:28 | 169 | 00:04:27   | 155 | 03:32:04 | 126 | 04:34:59 | 137 | 00:03:20 | 130 | 02:50:12 | 146 | 07:28:30 | 02:02:23 |
| 141 30  | H24 | Erik van Eijgen       | Almere              | NED | 00:51:14 | 94  | 00:02:59   | 69  | 03:39:01 | 150 | 04:33:14 | 134 | 00:02:43 | 82  | 02:52:47 | 156 | 07:28:43 | 02:02:36 |
| 142 145 | H40 | Jan Naeyaert          | Knokke-heist        | BEL | 00:55:05 | 137 | 00:07:33   | 204 | 03:44:49 | 171 | 04:47:27 | 168 | 00:06:50 | 197 | 02:34:31 | 103 | 07:28:47 | 02:02:41 |
| 143 205 | H45 | Henk Dongelmans       | Helmond             | NED | 01:01:12 | 184 | 00:06:57   | 198 | 03:50:31 | 183 | 04:58:40 | 184 | 00:03:45 | 152 | 02:26:49 | 71  | 07:29:12 | 02:03:06 |
| 144 31  | H24 | Marcel Suurmond       | Vlissingen          | NED | 00:54:18 | 123 | 00:03:12   | 80  | 03:38:07 | 147 | 04:35:36 | 139 | 00:03:17 | 124 | 02:50:40 | 147 | 07:29:32 | 02:03:26 |
| 145 116 | H40 | Robin Vogel           | Vlissingen          | NED | 00:53:36 | 111 | 00:04:28   | 156 | 03:37:45 | 143 | 04:35:48 | 143 | 00:03:05 | 118 | 02:50:40 | 148 | 07:29:33 | 02:03:26 |
| 146 53  | H24 | Laurens Miserus       | Utrecht             | NED | 01:15:29 | 208 | 00:04:06   | 140 | 03:41:27 | 159 | 05:01:01 | 187 | 00:03:18 | 125 | 02:25:25 | 65  | 07:29:43 | 02:03:36 |
| 147 64  | H24 | Patrick De smet       | Eeklo               | BEL | 00:55:15 | 143 | 00:02:48   | 50  | 03:42:43 | 165 | 04:40:45 | 152 | 00:01:50 | 27  | 02:47:44 | 142 | 07:30:18 | 02:04:12 |
| 148 218 | H45 | Erik Boehlé           | Barendrecht         | NED | 00:57:09 | 158 | 00:05:05   | 175 | 03:42:00 | 161 | 04:44:14 | 162 | 00:02:50 | 96  | 02:46:42 | 140 | 07:33:45 | 02:07:39 |
| 149 209 | H45 | Kees Schouten         | Kudelstaart         | NED | 01:05:13 | 197 | 00:05:16   | 180 | 03:41:03 | 156 | 04:51:31 | 174 | 00:04:37 | 180 | 02:37:55 | 119 | 07:34:02 | 02:07:56 |
| 150 72  | H24 | Geert Meyten          | Genk                | BEL | 00:54:59 | 134 | 00:04:08   | 142 | 03:26:51 | 105 | 04:25:56 | 114 | 00:02:24 | 65  | 03:06:19 | 174 | 07:34:39 | 02:08:32 |
| 151 177 | H45 | Jan van Bennekom      | Heinoord            | NED | 00:57:01 | 157 | 00:07:17   | 202 | 03:44:02 | 169 | 04:48:19 | 170 | 00:03:37 | 147 | 02:43:41 | 132 | 07:35:36 | 02:09:30 |
| 152 68  | H24 | Sjouke Venema         | Wageningen          | NED | 00:53:39 | 113 | 00:03:12   | 79  | 03:39:11 | 151 | 04:36:01 | 144 | 00:02:34 | 73  | 02:57:07 | 162 | 07:35:40 | 02:09:34 |
| 153 186 | H45 | Pim van Voorst        | Biddinghuizen       | NED | 00:54:24 | 124 | 00:04:46   | 167 | 03:41:22 | 157 | 04:40:31 | 149 | 00:03:34 | 141 | 02:53:20 | 157 | 07:37:24 | 02:11:18 |
| 154 117 | H40 | Anthony van den Berg  | Vlissingen          | NED | 00:54:56 | 133 | 00:05:23   | 182 | 03:42:04 | 162 | 04:42:22 | 156 | 00:06:17 | 194 | 02:50:51 | 151 | 07:39:29 | 02:13:22 |
| 155 275 | H55 | Johan Visschers       | Elsloo              | NED | 00:53:28 | 109 | 00:03:44   | 114 | 03:49:29 | 178 | 04:46:40 | 167 | 00:02:46 | 87  | 02:50:43 | 150 | 07:40:09 | 02:14:02 |
| 156 199 | H45 | Karel Doest           | Nijkerk             | NED | 00:57:57 | 163 | 00:08:35   | 208 | 03:37:53 | 144 | 04:44:24 | 163 | 00:07:25 | 199 | 02:48:43 | 145 | 07:40:31 | 02:14:24 |
| 157 28  | H24 | Thorsten Voeller      | Nideggen            | GER | 01:01:23 | 186 | 00:07:22   | 203 | 03:49:44 | 181 | 04:58:29 | 183 | 00:07:19 | 198 | 02:34:45 | 108 | 07:40:32 | 02:14:26 |
| 158 212 | H45 | Ernst Bouweriks       | Breukelen           | NED | 00:46:49 | 45  | 00:03:19   | 87  | 03:33:13 | 133 | 04:23:20 | 105 | 00:03:16 | 123 | 03:14:35 | 184 | 07:41:10 | 02:15:04 |
| 159 58  | H24 | Buddy Van vugt        | New york city       | NED | 01:02:52 | 190 | 00:04:46   | 168 | 03:43:57 | 168 | 04:51:34 | 175 | 00:05:34 | 189 | 02:45:34 | 136 | 07:42:41 | 02:16:35 |
| 160 253 | H50 | Ruud Sweep            | Winkel              | NED | 00:54:54 | 132 | 00:12:49   | 211 | 03:33:23 | 135 | 04:41:05 | 153 | 00:04:35 | 177 | 02:58:10 | 166 | 07:43:49 | 02:17:43 |
| 161 277 | H55 | Piet Kruidenier       | Rotterdam           | NED | 01:18:14 | 209 | 00:05:30   | 184 | 03:43:02 | 166 | 05:06:45 | 192 | 00:07:30 | 200 | 02:31:14 | 91  | 07:45:29 | 02:19:22 |
| 162 113 | H40 | Jeroen van 't Verlaat | Spijkenisse         | NED | 01:03:56 | 193 | 00:04:29   | 157 | 03:49:23 | 177 | 04:57:47 | 182 | 00:03:36 | 146 | 02:45:56 | 137 | 07:47:19 | 02:21:12 |
| 163 120 | H40 | Addy Raaijmakers      | Asten               | NED | 00:54:45 | 128 | 00:06:22   | 197 | 03:36:38 | 140 | 04:37:44 | 145 | 00:04:22 | 173 | 03:06:19 | 175 | 07:48:24 | 02:22:18 |
| 164 142 | H40 | Peter Meeussen        | Ramsel              | BEL | 00:56:00 | 151 | 00:03:52   | 119 | 03:46:34 | 173 | 04:46:24 | 166 | 00:03:04 | 114 | 02:59:23 | 167 | 07:48:51 | 02:22:45 |
| 165 19  | H20 | Robin Kaag            | Broek op langedijk  | NED | 00:50:07 | 80  | 00:04:12   | 145 | 03:37:55 | 146 | 04:32:14 | 132 | 00:02:35 | 74  | 03:14:39 | 186 | 07:49:27 | 02:23:20 |
| 166 171 | H45 | Oscar Schotman        | Almere              | NED | 00:54:03 | 120 | 00:03:56   | 125 | 03:55:38 | 191 | 04:53:37 | 177 | 00:03:19 | 127 | 02:52:34 | 154 | 07:49:28 | 02:23:22 |
| 167 139 | H40 | Koen Janssens         | Wuustwezel          | BEL | 00:55:02 | 136 | 00:05:45   | 190 | 03:42:00 | 160 | 04:42:46 | 157 | 00:03:57 | 161 | 03:03:19 | 171 | 07:50:01 | 02:23:55 |
| 168 33  | H24 | Thierry De Riemaeker  | Vinderhout          | BEL | 00:57:49 | 162 | 00:03:32   | 100 | 03:24:04 | 92  | 04:25:24 | 112 | 00:02:55 | 103 | 03:23:49 | 189 | 07:52:07 | 02:26:01 |
| 169 219 | H45 | René Menke            | Haarlem             | NED | 00:58:42 | 171 | 00:05:56   | 191 | 03:49:37 | 180 | 04:54:14 | 178 | 00:05:15 | 185 | 02:52:39 | 155 | 07:52:07 | 02:26:01 |
| 170 247 | H50 | Michel Mulder         | Zwaag               | NED | 00:53:02 | 104 | 00:03:57   | 128 | 03:43:41 | 167 | 04:40:38 | 151 | 00:04:29 | 174 | 03:08:24 | 179 | 07:53:30 | 02:27:24 |
| 171 47  | H24 | Steven De vusser      | Lovendegem          | BEL | 00:55:11 | 140 | 00:03:59   | 130 | 03:51:13 | 185 | 04:50:23 | 171 | 00:02:43 | 83  | 03:00:52 | 168 | 07:53:58 | 02:27:51 |
| 172 241 | H50 | Ben Schell            | Noordwijk           | NED | 01:05:12 | 196 | 00:04:17   | 149 | 03:50:43 | 184 | 05:00:11 | 186 | 00:03:41 | 148 | 02:50:40 | 149 | 07:54:31 | 02:28:25 |
| 173 42  | H24 | Guy Schrooten         | Urmond              | NED | 00:58:35 | 170 | 00:03:05   | 75  | 03:42:11 | 163 | 04:43:50 | 160 | 00:02:44 | 84  | 03:09:03 | 180 | 07:55:36 | 02:29:30 |
| 174 243 | H50 | Walter Sprangers      | Kaatshuvel          | NED | 01:01:20 | 185 | 00:05:20   | 181 | 03:53:07 | 186 | 04:59:47 | 185 | 00:04:07 | 166 | 02:53:34 | 158 | 07:57:26 | 02:31:20 |
| 175 190 | H45 | Gerco Pon             | Zeewolde            | NED | 00:59:21 | 175 | 00:03:50   | 116 | 03:47:58 | 175 | 04:51:08 | 173 | 00:02:35 | 75  | 03:06:56 | 177 | 08:00:38 | 02:34:32 |
| 176 79  | H24 | Valerie Willeboordse  | Spijkenisse         | NED | 01:06:39 | 200 | 00:04:15   | 148 | 03:59:21 | 194 | 05:10:14 | 194 | 00:03:49 | 155 | 02:50:53 | 152 | 08:04:55 | 02:38:49 |
| 177 211 | H45 | Hans van der Meer     | Moordrecht          | NED | 00:57:00 | 156 | 00:05:32   | 185 | 03:53:21 | 187 | 04:55:52 | 179 | 00:04:20 | 171 | 03:07:41 | 178 | 08:07:52 | 02:41:46 |
| 178 293 | H60 | Rinus van Gerven      | Oirschot            | NED | 01:06:46 | 201 | 00:04:50   | 170 | 03:40:04 | 152 | 04:51:39 | 176 | 00:03:45 | 154 | 03:14:42 | 187 | 08:10:05 | 02:43:58 |
| 179 138 | H40 | Markus Remahne        | Marl                | GER | 01:07:09 | 203 | 00:04:56   | 172 | 03:49:48 | 182 | 05:01:52 | 188 | 00:04:37 | 179 | 03:06:35 | 176 | 08:13:03 | 02:46:57 |
| 180 127 | H40 | Arjan Lagrouw         | Nieuwendijk         | NED | 00:57:47 | 161 | 00:07:14   | 200 | 03:57:31 | 192 | 05:02:31 | 190 | 00:03:20 | 128 | 03:10:44 | 182 | 08:16:34 | 02:50:28 |
| 181 276 | H55 | Ton Cusiel            | Heerenveen          | NED | 01:05:48 | 198 | 00:05:12   | 179 | 04:01:54 | 196 | 05:12:54 | 196 | 00:04:00 | 163 | 03:01:51 | 169 | 08:18:43 | 02:52:37 |
| 182 232 | H50 | Charles Wessels       | De zilk             | NED | 00:55:14 | 141 | 00:03:54   | 123 | 03:48:46 | 176 | 04:47:52 | 169 | 00:05:24 | 186 | 03:26:31 | 191 | 08:19:46 | 02:53:40 |
| 183 191 | H45 | Paul Heijligers       | Eindhoven           | NED | 00:59:13 | 174 | 00:06:13   | 194 | 04:03:11 | 197 | 05:08:37 | 193 | 00:04:02 | 181 | 03:09:04 | 181 | 08:21:42 | 02:55:36 |
| 184 291 | H60 | Adri van Tilburg      | Nederhorst den berg | NED | 01:03:41 | 191 | 00:04:12   | 146 | 04:09:49 | 199 | 05:17:42 | 198 | 00:02:47 | 91  | 03:03:21 | 172 | 08:23:49 | 02:57:43 |
| 185 281 | H55 | Johan Konings         | Valkenburg ad geul  | NED | 00:54:52 | 131 | 00:08:01   | 205 | 03:53:27 | 188 | 04:56:19 | 180 | 00:06:36 | 196 | 03:25:18 | 190 | 08:28:12 | 03:02:06 |
| 186 21  | H24 | Diederik Vandeneede   | Vilvoorde           | BEL | 00:53:38 | 112 | 00:05:12</ |     |          |     |          |     |          |     |          |     |          |          |

